



CROCK POT

CHIPOTLE MEAT LOAF

- 2 lb very lean ground beef
- 2 eggs, beaten
- ½ cup finely crushed crackers
- 1 jar **TSG Black Bean & Corn Salsa**, divided
- 2 Tsp **TSG Chipotle Chili Seasoning Blend**
- 1 yellow onion, finely chopped
- ½ cup uncooked instant white rice

1. In a large bowl, mix all ingredients together except ½ jar of Salsa. Shape into loaf. Place in crock pot. Spread remaining Salsa over top of loaf. Cover and cook on Low for 8 – 10 hours or on High for 4 – 6 hours.

Serves: 6

For more delicious recipes, visit: www.twosistersgourmet.com and click on the link to the TSG Recipe Box.